



CURRICULUM VITAE

Hossein Ashtarian

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Education and qualifications

Degree	Course	Year	University
PhD	Health Education	2007-2011	The University of Leeds- The school of Healthcare-England
MS	Nursing	1991-1994	Tehran University of Medical Sciences
BS	Nursing	1988 -1991	Kermanshah University of Medical Sciences (KUMS)

Work experiences:

2014 till now Assistant Professor, Head of Health Education Department

2011 till 2014 Head of Nursing and Midwifery School, KUMS

1995-2006 Nursing Lecturer, Nursing and Midwifery School, KUMS.

1995-1999 Head of Nursing Department, KUMS.

1999-2006 Head of Operation Room Department, KUMS.

1998 Head of Nursing Office of Kermanshah Province, KUMS.

1997 The secretary of the conference of AIDS and Nursing Care.

2001 The secretary of the national conference of Comprehensive Nursing Care

2003 The secretary of the national conference of Surgical Operation Nursing Care.

Papers:

Mohammadi P, Kaboudi M, **Ashtarian H**, Karami Matin B and Rezaei M. The effects of educational intervention on the constructs of social cognitive theory and theory of planned behavior on cesarean intention among nulliparous pregnant women. *Research Journal of Medical Sciences*. 2016, 10(2):43-48

Hosseini, S. N., Alavijeh, M. M., Matin, B. K., Hamzeh, B., **Ashtarian, H.**, & Jalilian, F. Locus of Control or Self-Esteem; Which One is the Best Predictor of Academic Achievement in Iranian College Students. *Iranian Journal of Psychiatry and Behavioral Sciences*, 2016, 10(1).

Miri J, Naderipour A, **Ashtarian H** and Hashemian AH. The Effect of Chronic Disease Self-Management Program on Health Status of Patients Undergoing Coronary Artery Bypass Graft Surgery. *Crit Care Nurs J*. 2016 Feb

Ehsani S, Daneshgar F, Pourmirza Kalhori R, **Ashtarian H**, Rezaei M, Atabaki M. Effectiveness of Three Methods of Eye Care in health of cornea in Patients Hospitalized in Intensive Care Unit in 2013. *J Clin Res Paramed Sci* 2015; 4(3):270-276. (in Persian)

Ashtarian H and Ashtarian S. Representation of Multiple Intelligences in English for the Students of Medicine. *English for Specific Purposes World*. 2015;48(16).

Ehsani S, Daneshgar F, Pourmirza kalhori R, **Ashtarian H**, Rezaei M, Atabaki M. Effectiveness of Three Methods of Eye Care in health of cornea in Patients Hospitalized in Intensive Care Unit in 2013. *J Clin Res Paramed Sci* 2015; 4(3):270-276. (in Persian)

Moradi KH, **Ashtarian H**, Darabi F, Hashemian AH, Saifi F. A survey on the effects of Lavender aromatherapy on the anxiety and vital signs of patients with ischemic heart diseases hospitalized in cardiac intensive care units. *J Clin Res Paramed Sci* 2016; 4(4):301-310. (in Persian)

Ashtarian H, Khezeli M., Khodakaramian S., Khaledi M. Aryapooran S. Differences in family functioning and mental health between divorcees and married women: A comparative study. *International Journal of Multidisciplinary Research and Development*, 2015, 2 (10): 462-466

Rahimi M., Farhadi K, **Ashtarian H**, and Changaei F . Confirming nasogastric tube position: methods and restrictions: A narrative review. *Journal of Nursing and Midwifery Sciences*, 2015 : 2(1): 55-62

Karami Matin B., Jalilian F., Alavije MM, **Ashtarian H.**, Mahboubi M and Afsar A, Using the PRECEDE Model in Understanding Determinants of Quality of Life Among Iranian Male Addicts. *Global Journal of Health Science*, 2014 Vol 6, No 6

Ghanbari M, Yartire H, **Ashtarian H**, Salimi K, Pourman D, Mostafaei L. A Study of sound pressure level, frequency analysis and sound spectrum levels calculation in Crepnaz factories of Kermanshah city . *J Clin Res Paramed Sci* 2015; 3(4): 294-302.(in Persian)

Vaisi-Raygani AK, Jafari Z, Rezaei M, Zokaei H and **Ashtarian H**. The effect of endotracheal suctioning using or not using normal saline on respiratory physiologic parameters in open heart surgery patients. *J Kermanshah Univ Med Sci*, 2013: 17(4), 237-243. (in Persian)

Ghanbari M, Johari H, **Ashtarian H**, Teimori B and Salimi K. Survey of occupational accidents in industries and workplaces of Kermanshah province in 2012. *JCRPS (Journal of Clinical Research in Paramedical Sciences)*. 2013, 2(1). (in Persian)

Jafari M, Pasdary Y, Rezaei M, Mehdizadeh H and **Ashtarian H**. The Effect of Nutrition Education Using Blogs, Group -Collaborative Blogs and Short Messaging on Lipids Profiles and Glucose in Patients with Type II Diabetes. *Medical Journal of Mashhad University of Medical Sciences*, 2013, Vol 56, No 5 (in Persian)

Ashtarian H, Woolridge M, Cheater F, Firth J. Factors influencing attendance at structured self-management education (SSME) programs for diabetes, *Iranian Journal of Nursing and Midwifery* 2012, 17(7)

Razlansari M, Teimouri B, Alipour Shirsavar HR, Taleghani M, **Ashtarian H**. Patients' views on perceived services quality using SERVQUAL Model at educational and medical centers of Kermanshah University of Medical Sciences, *Journal of Clinical Research in Paramedical Sciences*, 2012, Vol(1) , N(3), P: 74-82 (in Persian)

Moshki, M & **Ashtarian, H**. Perceived health locus of control, self-esteem, and its relations to psychological well-being status in Iranian students. *Iranian Journal of Public Health*, 2010, 39(4): 70-77

Tohidnia, MH., **Ashtarian, H**. & Esmaeli, K. A survey on the knowledge of nursing staff working in surgery wards and incentive care units about the radiation risks and protection. *The Journal of Kermanshah Nursing & Midwifery School*, 2004, 1 (1), P: 14-18 (in Persian)

Ashtarian, H. Endotracheal-suctioning: considering important points. *Behbood*, 1996 1(1):27 (in Persian)

Conference presentations:

Ashtarian H. The Exploration of the Underlying Factors Relevant to a Lack of Awareness/Attendance of Patients the Self-Management Education Programs” 2nd International and 6th National Iranian Congress on Health Education and Promotion. 19-21 May 2015- Kermanshah

Ashtarian, H.; Cheater, F.; Woolridge, M. & Firth, J. (2010). Patients’ awareness about structured self-management education programmes for diabetes. Poster presentation given at International Conference on Support for Self-Management of Health, 11-13 May 2010, Stirling, Scotland

Ashtarian, H.; Cheater, F.; Woolridge, M. & Firth, J. (2010). Healthcare professionals’ experiences and perspectives on structured self-management education programmes for diabetes in Leeds. Oral presentation given at the Postgraduate Student Seminar, 23 July 2010, Leeds University, Leeds, England

Ashtarian, H.; Cheater, F. & Woolridge (2008). Factors influencing patient take-up of structured self-management education programmes for diabetes. Poster presentation given at Faculty of Medicine and Health Postgraduate Conference: Making the most of your research. 12th November 2008, Leeds University, Leeds, England

Ashtarian, H. (2008). What factors influence patient take-up of structured self-management education programmes for diabetes? Poster presentation given at 3rd National Congress on Health Education, 28-30 October 2008, Hamadan, Iran.

Ashtarian, H. & Amolae, K. (2004). An epidemiological study on the rate of burn injury among children under 12 years old referred to Imam Komeini centre in Kermanshah, Nursing Care Conference, KUMS.

Ashtarian, H., Salimi, K., Tohidnia, MH., Vaici, A. (2003). PTSD in Abortion. Poster presentation given at the national seminar on abortion in Iran, Kermanshah University of Medical Sciences, Kermanshah, March 2003

Ashtarian, H. (1999). A survey of physical exam knowledge of nurses working in Kermanshah. Poster presentation given at Shahed University, Tehran

Ashtarian, H. (1998). A survey to assess the nurse-midwifery curriculum related to AIDS. Oral presentation given at Kermanshah University of Medical Sciences, a local conference about AIDS.

Awards

The first prize for the best poster presentation, Leeds University, Faculty of Medicine and Health Postgraduate Conference, 12th November 2008

The prize for the best tutor, KUMS, School of Nursing and Midwifery, 2001 & 2003

The first prize for the best undergraduate student, KUMS, 1990