

In the Name of God

Kermanshah University of Medical Sciences and Health Services School of Nursing and Midwifery

Curriculum Vita

personal information:

First Name: Samira Surname: Golezar Gender: Female

Place of birth: Kangavar, Kermanshah, Iran Date of birth: September 21, 1985

Citizenship: Iran

Address and Telephone Number:

Office: Department of Midwifery, Faculty of Nursing & Midwifery, Kermanshah University of medical

Sciences, Kermanshah, Iran

Academic Position: Assistant Professor

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Educational Statue:

Undergraduate: B.Sc. in Midwifery, Faculty of Nursing and Midwifery, Hamedan University of Medical Sciences, Hamedan, Iran

Graduate: M.Sc in Midwifery Education, Faculty of Nursing and Midwifery, Jondishapour University of Medical Sciences, Ahvaz, Iran.

Postgraduate: Ph.D. in Reproductive Health, Nursing and Midwifery school, Shahid Beheshti University of Medical Sciences, Tehran, Iran.

Academic position/Employment:

2007-2009: Adjunct Professor, Islamic Azad University, Tuyserkan Branch, Tuyserkan, Iran.

2009-2020: Instructor, Faculty member, department of midwifery, Islamic Azad University, Tuyserkan Branch, Tuyserkan, Iran.

2020-peresent: Assistant professor, Faculty member, Department of Midwifery, faculty of Nursing & Midwifery, Kermanshah University of Medical Science, Kermanshah, Iran.

Professional Membership

2013-2014: Head of Midwifery Department, Islamic Azad University, Tuyserkan Branch, Tuyserkan, Iran.

2017-2020: EDO member in charge of lesson plan and logbook committee, Islamic Azad University, Tuyserkan Branch, Tuyserkan, Iran.

2021 until now: EDU expert of Mo'tazedi Hospital, Kermanshah University of Medical Science.

2021 until now: Member of the Accreditation Working Group of the Faculty of Midwifery.

- Member of Research Council in Kermanshah University of Medical Sciences
- Member of EDO of faculty of nursing & midwifery, Kermanshah university of medical sciences
- Member of the Internal Evaluation Committee of the faculty of Midwifery, Kermanshah university of medical sciences
- Member of Iranian Scientific Midwifery Association
- Member of Medical Council of the Islamic Republic of Iran: M26516
- Scientific board member of the Second National Congress on Women and Family Health, 2020, Tehran
- Scientific board member of the Third National and First International Congress on Women and Family Health, 2021, Tehran
- Scientific board member of the First International Congress on Ethics in Midwifery and Reproductive Health, 2022
- Running my own midwifery office from 2009-2014

Faculty Teaching Experiences:

- Population and Family Planning;
- Principles of Mother and Child Nutrition;
- History, Ethics and Regulations of Midwifery and Forensics;
- Maternal and Neonatal Health Nursing I&II,
- Nutrition and Nutrition Therapy in Nursing;
- Maternal and Child Nutrition Therapy;
- Pregnancy and Childbirth (Obstetrics) I&II,
- Psychiatry in Midwifery;
- Sexual Disorders;
- Health V (Quality Improvement Management);
- Physiopathology and Internal Surgical Diseases I&2&3;
- Maternal and Child Health;
- Applied tests in midwifery
- Principles of management and its application in midwifery
- Principles of Midwifery Techniques and Working Methods in the Operating Room;
- Forensic Medicine in Midwifery;
- Biostatistics and Research Methods:
- Reproductive, Maternal and Child Health Internship;
- Gynecology Internship;

• Workshop Instructor (Breastfeeding, Physiologic Childbirth, Episiotomy, Accreditation, Forensic Medicine in Midwifery, Research Methodology, Accreditation, Midwifery emergencies)

Articles Published in Persian and English

- 1. **Golezar S**, Keshavarz Z, Tehrani FR, Ebadi A. An exploration of factors affecting the quality of life of women with primary ovarian insufficiency: a qualitative study. BMC women's health. 2020 Dec;20(1):1-9.
- 2. Keshavarz Z, **Golezar S**. HP-5-5 The Silent Grief: Consequences of Premature Ovarian Insufficiency (POI) on Women's Sexual Health. The Journal of Sexual Medicine. 2020 Jun 1;17(6):164.
- 3. Hajifoghaha M, Nahidi F, Alizadeh S, Golezar S, Dabiri F, Mokhlesi SS, Babaei A. Midwives' Educational Needs in Iran: A Narrative Review. Iranian journal of nursing and midwifery research. 2020 Jan;25(1):1.
- 4. **Golezar S**, Ramezani Tf, Ebadi A, Keshavarz Z, Zayeri F. Coping with primary ovarian insufficiency in iranian women: a qualitative study. Journal of isfahan medical school. 2019; 37 (529):608-616.
- 5. Hajifoghaha M, Nahidi F, Alizadeh S, Golezar S, Dabiri F, Mokhlesi SS. Professional Needs of Prenatal Care Providers: A Narrative Review. Journal of Nursing Education. 2019 Jul 10;8(2):28-36.
- 6. **Golezar S**, Ramezani Tehrani F, Khazaei S, Ebadi A, Keshavarz Z. The global prevalence of primary ovarian insufficiency and early menopause: a meta-analysis. Climacteric. 2019 Jul 4;22(4):403-11.
- 7. Keshavarz Z, Golezar S, Hajifoghaha M, Alizadeh S. The effect of phytoestrogens on menopause symptoms: A systematic review. J Isfahan Med Sch. 2018; 36 (477): 446–59.
- 8. **Golezar S**, Keshavarz Z, Ebadi A. Validity and reliability of the Persian version of Woman Abuse Screening Tool (WAST). Payesh (Health Monitor). 2018 Jun 15;17(3):267-74.
- 9. Simbar M, Golezar S, Alizadeh S, Hajifoghaha M. Suicide risk factors in adolescents worldwide: A narrative review. Journal of Rafsanjan University of Medical Sciences. 2018;16(12):1153-68.
- 10. Simbar M, Alizadeh S, Hajifoghaha M, **Golezar S**. Review of Iranian adolescents' educational needs for sexual and reproductive health. Journal of Isfahan Medical School. 2017; 34 (412): 1563-1572.
- 11. **Golezar S**, Marashi SM. Domestic Violence during Pregnancy, Its Prevalence, Contributing Risk Factors and Consequences: A Review Article. SAS Journal of Medicine. 2016
- 12. **Golezar S**. Ananas comosus effect on perineal pain and wound healing after episiotomy: a randomized double-blind placebo-controlled clinical trial. Iranian Red Crescent Medical Journal. 2016 Mar;18(3).
- 13. Haji Foghaha M, Golozar S, Alizadeh S. Female genital mutilation: religious coercion or cultural requirement? The Iranian Journal of Obstetrics, Gynecology and Infertility. 2016;19(25):8-16.
- 14. Hadadain F, Golezar S, Bab S, Babapour H. The assessment of relation between the staff participation level and medical emergency performance in Kermanshah's educational hospitals (2010). Journal of Clinical Research in Paramedical Sciences. 2014 Mar 20;2(4).

- 15. **Golezar S**, Hadadian F, Farhadian M, Khazaee S. Assessing knowledge and attitude of emergency contraception among female freshman students in Islamic Azad University of Toyserkan.
- 16. **Golezar S**, Abbaspour Z, Namjuyan F. Evaluating the effect of oral bromelain (Pineapple) on pain after episiotomy in primiparus women. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2011;14(6):54-61.
- 17. **Golezar** S, Namjouian F, Latifi SM, Mirahi A. Evaluating the effect of oral bromelain (pineapple) on episiotomy wound healing in primiparus women. FEYZ Journal. 2011 Jun 10;15(2):84-90.
- 18. Keshavarz Z, Karimi E, **Golezar S**, Ozgoli G, Nasiri M. The effect of PLISSIT based counseling model on sexual function, quality of life, and sexual distress in women surviving breast cancer: a single-group pretest–posttest trial. BMC women's health. 2021 Dec;21(1):1-8..
- 19. Qaderi K, Golezar MH, Mardani A, Mallah MA, Moradi B, Kavoussi H, Shamsabadi A, **Golezar S**. Cutaneous adverse reactions of COVID-19 vaccines: A systematic review. Dermatologic therapy. 2022 Feb 23:e15391.
- 20. Moradi B, Golezar MH, Saleh Gargari S, Kazemi MA, Golezar S, Taheri MS, Tahmasebpour AR. Ultrasound and magnetic resonance imaging features of fetal intracranial cystic lesions: A pictorial essay. Journal of Clinical Ultrasound. 2022 Jun 24.
- 21. **Golezar S**, Keshavarz Z, Tehrani FR, Ebadi A, Zayeri F, Golezar MH. Primary Ovarian Insufficiency Quality of Life Scale (POIQOLS): Development and Psychometric Properties. (preprint)

Approved Projects & Proposals

- 1. The Effect of Oral Bromelain (Pineapple) on Pain Intensity and Episiotomy Wound Healing in Nulliparous Women
- 2. Comparison of The Effect of Two Educational Methods of Film and PowerPoint on the Knowledge and Attitude of Female Students about Unwanted Pregnancies and Emergency Methods of Contraception
- 3. Investigating the Risk Factors of Adolescent Suicide
- 4. Psychometrics and Validation of the Persian Version of Translation Witness Abuse Screening Tool (WAST)
- 5. The Effect of Phytoestrogens on Menopausal Symptoms: A Review Study
- 6. Systematic review of educational needs of pregnancy care providers
- 7. Factors related to quality of life in women with premature ovarian failure
- 8. Evaluation of marital health status of pregnant women in Rasht
- 9. The effect of primary ovarian insufficiency on sexual function in women: A systematic review and meta-analysis
- 10. Assessing the validity and reliability of the Wijima Waiting Expectation / Experience Questionnaire version A)) in Iraqi Kurdish women
- 11. Investigating the relationship between mindfulness and sleep quality in postmenopausal women

Books (Edition)

- 1. Principles of Mother and Child Nutrition, Sepehr Danesh
- 2. Pregnancy Knowledge, Sepehr Danesh
- 3. Semiotics and Clinical Examinations for Midwifery Students, Heidari Publication

4. Pregnancy and Childbirth II, Jamee Negar

Field(s) Research Interest

- 1. Reproductive Health
- 2. Midwifery
- 3. Women Health
- 4. Complementary Medicine

Conference presentations

- 1. The Effect of Acupuncture by Dermal Electrical Stimulation of Acupuncture Points (TTEAS) on the Severity of Fatigue in Patients Undergoing Chronic Hemodialysis, 10th Research Congress of Iranian Medical Students (oral presentation)
- 2. The Effect of Pineapple on Pain Intensity and Episiotomy Wound Healing in Nulliparous Women, International Congress on Reproductive Health and Family Planning (poster presentation)
- 3. A study of Knowledge and Attitude about Emergency Methods of Contraception in Female Students, Twelfth International Congress of Obstetrics and Gynecology of Iran (poster presentation)
- 4. Maternal Hemoglobin Concentration and Pregnancy Outcomes, Twelfth International Congress of Obstetrics and Gynecology of Iran (poster presentation)
- 5. Domestic Violence During Pregnancy, Its Prevalence, Contributing Factors, and Consequences: A Review, International Congress on Clinical Challenges in Midwifery, Women, and Infertility (poster presentation)
- 6. Dyadic Sexual Communication Scale: Psychometric Properties and Translation of the Persian Version, 2nd International Congress on Clinical Challenges in Midwifery, Women, and Infertility (poster presentation)
- 7. Psychometric Properties of the Persian Version of the Witness Abuse Screening Tool (WAST) 14th International Congress of Obstetrics and Gynecology of Iran (oral presentation)
- 8. The role of nutrition in male infertility 2nd Men's Health Congress (poster presentation)
- 9. Coping Strategies for Primary Ovarian Failure in Iranian Women, Second National Congress On Women and Family Health (poster presentation)
- 10. The Silent Grief: Consequences of Premature Ovarian Insufficiency On Women's Sexual Health, The 22nd Congress of the European Society for Sexual Medicine (ESSM2020) (poster presentation)
- 11. Global Prevalence of Primary Ovarian Failure: A Systematic Review and Meta-Analysis, Third National Congress and First International Congress on Women and Family Health (oral presentation)
- 12. Using the approach of Islamic culture as a strategy of childbearing in Iran, Fifth International Conference on the Prophet's Life in Medicine (poster presentation)

Editorial Responsibilities

- Reviewer of Malaysian Journal of Medical Sciences
- Reviewer of Arvand Journal of Health and Medical Sciences
- Reviewer of International Journal of Community Based Nursing & Midwifery
- Reviewer of Second National and first international Congress on Women and Family Health, Tehran, Iran
- Reviewer of BMC Women's Health

Last Updated on: July 2022