

# Azam Bakhteh

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**Date:** 3.10.2023

**Personal Information:** (optional)

Sex: Female

Place of Birth: Kermanshah, Iran

**Citizenship:** Iran

**Address and Telephone Numbers:**

Office: Department of Midwifery, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran.

**Office Phone:** 0833-8162559

**Present Position:**

Lecturer and Instructor and Faculty member, Department of Midwifery, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, IRAN

**Education:**

**Ph.D.** Midwifery & Reproductive Health, Department of Midwifery & Reproductive Health, Faculty of Nursing & Midwifery, Shahrood University of Medical Sciences, Shahrood, Iran (2017-present)

**M.Sc.** Midwifery, Department of Midwifery, Faculty of Nursing & Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran.

**Thesis:** Prevalence of menopausal symptoms in premenopausal periods among women residing in Kermanshah city.

**B.Sc.** Midwifery, Department of Midwifery, Faculty of Nursing & Midwifery, Hamedan University of Medical Sciences, Hamedan, Iran

**Academic Positions/ Employment:**

2008- Present –Lecturer and Instructor and Faculty member, Department of Midwifery, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran

**Honors and Awards:**

- Elected as the best midwife in Kermanshah province in 2007, 2012, 2017, 2023 awarded by the dean of Kermanshah University of Medical Sciences.

- Elected as the top midwife in Iran in 2004, 2006, 2007, 2012, awarded by the minister of Health and Medical education of Iran
- Elected as the Top researcher in 2006 by Kermanshah University of Medical Sciences
- Received certificate of appreciation in 2009, 2011,2012,2014,2015from the dean of Nursing & Midwifery Faculty, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Received certificate of appreciation in 2011 from the dean of paramedicalFaculty, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Received certificate of appreciation in 2010 from vice of student and cultural of Kermanshah University of Medical Sciences, Kermanshah, Iran
- Received certificate of appreciation in 2011 from the dean of International Congress on Obstetrics and Gynecology, IRAN
- Received certificate of appreciation in 2011 from the head of Medical community mobilization
- Distinguished as the best scientific educated of women staff mobilizing in 2008 by Kermanshah University of Medical Sciences
- Received certificate of appreciation in 2007 from the head of the office of family health and population, Ministry of Health and Medical Education of IRAN
- Received certificate of appreciation in 2008 from the director of family, population and school health, Ministry of Health and Medical Education of IRAN

### **Editorial Responsibilities:**

- Peer reviewer of Behbood journal, Kermanshah university of Medical Sciences(journal).
- Peer reviewer of The scientific and Research quarterly, Kermanshah Faculty of Nursing, Midwifery and Paramedical Sciences
- Peer reviewer ofClinical Research in Paramedical Sciences (journal).

### **Professional Societies and Organizations:**

- Member of Iranian Association of Midwifery
- Member of Medical council IR. IRAN, M.C.

### **Research Activities:**

- Prevalence of depression and socio-demographic characteristics of menopausal women in Kermanshah city 2002-2003 ((**Research Assistant**))
- Postpartum quality of life in women after deferent modes of delivery in Kermanshah Motazedi hospital 2011-2012(**Research director**)
- Study of normal delivery satisfaction and its influencing factors in participating mothers in prenatal preparation classes in Motazedi hospital 2012(**Research director**)
- Prevalence of secondary infertility and its relative risk factors in referred infertile couples to infertility ward of Kermanshah Motazedi hospital 2010-2012 (**Research Assistant**)
- The relationship between quality of life and elderly mental health in Kermanshah city 2012 (**Research director**)
- Internal Evaluation of department of midwifery of Kermanshah University of Medical Sciences 2014-2015 (**Research Assistant**)
- Internal Evaluation of department of nursing of Kermanshah University of Medical Sciences 2014-2015 (**Research Assistant**)
- The effect of group discussion on primiparous pregnant women anxiety and stress in Khorramabad city (**Research director**)
- The effect of garden sage aromatherapy on normal delivery pain and anxiety in referred women to Motazedi hospital 2015(**Research director**)
- Explaining the maternal decision about neonatal formula feeding: A qualitative research (**Research director**)
- The effect of cognitive behavioral counseling on lifestyle and self-efficacy in women with gestational diabetes (**Research director**)
- The relationship between self-compassion and body image with postpartum depression in women referring to health centers in Kermanshah in 1397 (**Research director**)

### **Clinical Title and Responsibilities:**

- Head of Department of Midwifery, Faculty of Nursing &Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran (2014-2017)
  - Head of Department of Education, Faculty of Nursing &Midwifery, Kermanshah University of Medical Sciences, Kermanshah, IRAN from 2009 to 2011.

- Scientific secretary and participation in holding of 34 continuing education program for Nursing-Midwifery personnel in Kermanshah University of Medical Sciences, Kermanshah, IRAN
- Lecture in 34 continuing education program for Nursing-Midwifery personnel in Kermanshah University of Medical Sciences, Kermanshah, IRAN

### **Teaching Title and Responsibilities:**

- Teaching "*obstetric*", 1, 2, and 3 for Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran.
- Teaching "*Child Maternal Health*" for Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran.
- Teaching "*Ethics and Regulation in Midwifery*" for Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran.
- Teaching "*Child & Maternal Health Nursing*" 1, 2 for Nursing students, Kermanshah University of Medical Sciences, Kermanshah, Iran.
- Teaching "*Neonato- Maternal Health*" for General Health students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Family planning*" for paramedical students such as Radiology, Nuclear Medicine, Anesthesiology and operating room, Faculty of paramedical, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Family planning*" for General Health, Environmental Health students, Faculty of Health, Kermanshah University of Medical Sciences, Kermanshah, Iran.
- Teaching "*Reproductive health*" for General Health students, Faculty of Health, Kermanshah University of Medical Sciences, Kermanshah, Iran.
- Teaching "*Child Maternal Health*" General Health students, Faculty of Health, Kermanshah University of Medical Sciences, and Kermanshah, Iran.
- Teaching "*Gynecology*" for operating room students, Faculty of paramedical, Kermanshah University of Medical Sciences, Kermanshah, Iran.
- Teaching "*Management in Midwifery*" for Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran.
- Teaching "*Counseling in pregnancy and postpartum and Counseling in menopause and management of health systems*" for Master of counseling Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran.
- Teaching "*Counseling on specific cases*" for Master of counseling Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran.
- Training as a clinical education and apprenticeship in wards and clinics of "*labor, delivery, obstetrics emergency, child & Maternal Health, Gynecology*" for Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran

### **Publications:**

- Prevalence of depression and its related factors in different stages of menopause among women residing in Kermanshah city. J. Behbood, Kermanshah university of Medical Sciences. 2006, vol 10, No 1, pp: 76-82.

- Prevalence of menopausal symptoms in premenopausal periods among women residing in Kermanshah city. Quarterly of Shahid Behshti faculty of Nursing and Midwifery, 2005, vol 15, No 49, pp:53-60.
- Survey of recording practice of occupational midwifery personals in medical sciences hospital connected to university of Kermanshah in 2004, the scientific and Research quarterly, Kermanshah Faculty of Nursing –Midwifery and paramedical sciences. 2007, vol 4, No 6, pp: 6-1.
- Comparison of febrile complication after abdominal hysterectomy in two methods of closed and open vaginal cuff .Iranian Journal of obstetric Gynecology and infertility, 2012, Vol 15, No 4, pp:12-18.
- The satisfaction of midwifery and employment incentives among the graduates of midwifery in Ghazvin University of Medical Sciences, Journal of Kermanshah University of Medical Sciences 2012, Vol 16, No 3, pp:277-278.
- Postpartum quality of life in women after deferent modes of delivery in Kermanshah Motazedi hospital 2011-2012, Journal of clinical Research in Paramedical Sciences, 2014, Vol 3, No 3, pp:135-14.
- Effects of Citrus aurantium aroma on post-cesarean anxiety. Iranian Journal of obstetric Gynecology and infertility, 2015, Vol 18, No 169, pp: 12-20.
- Internal evaluation of midwifery department of Kermanshah University Medical Sciences in 2015. Research Journal of Medical Sciences, 2016, Vol 10, No 3, pp: 164-168.
- The effect of group discussion on anxiety of primigravida. Research Journal of Medical Sciences, 2016, Vol 10, No5, pp: 498-502.
- The effect of Salvia aroma on labor anxiety among primigravida and multigravida women: Randomized clinical trial. Hayat. 2017; 23 (2), pp: 162-172.
- Clarification of maternal factors of facilitator of using of formula in infants under 2 years: A qualitative study. Journal of Clinical Research in Paramedical Sciences, Vol 6, No 1, spring 2017, pp: 59-66.
- Effect of Cognitive Behavioral Therapy on Self-efficacy in Women with Gestational Diabetes: A Randomized Clinical Trial. J Mazandaran Univ Med Sci. 2018, Vol 28, No 165, pp :78-86.

- The effect of interventions in alleviating fear of childbirth in pregnant women: a systematic review. *J Reprod Infant Psychol.* 2022 Apr 18; 1-17.doi: 10.1080/02646838.2022.2059458.
- Investigating the relationship between self-compassion and body image with postpartum depression in women referring to health centers in Iran. *Iranian Journal of Nursing and Midwifery Research.*2023, 28(4):411-416.