



In the Name of God
Kermanshah University of Medical Sciences and Health Services
School of Nursing and Midwifery
Curriculum Vita

personal information:

First Name: Samira

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Place of birth: Kangavar, Kermanshah, Iran

Date of birth: September ۲۱, ۱۹۸۵

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Address and Telephone Number:

Office: Department of Midwifery, Faculty of Nursing & Midwifery, Kermanshah University of medical Sciences, Kermanshah, Iran

Academic Position: Assistant Professor

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Educational Statue:

Undergraduate: B.Sc. in Midwifery, Faculty of Nursing and Midwifery, Hamedan University of Medical Sciences, Hamedan, Iran

Graduate: M.Sc in Midwifery Education, Faculty of Nursing and Midwifery, Jondishapour University of Medical Sciences, Ahvaz, Iran.

Postgraduate: Ph.D. in Reproductive Health, Nursing and Midwifery school, Shahid Beheshti University of Medical Sciences, Tehran, Iran.

Academic position/Employment:

۲۰۰۷-۲۰۰۹: Adjunct Professor, Islamic Azad University, Tuyserkan Branch, Tuyserkan, Iran.

۲۰۰۹-۲۰۲۰: Instructor, Faculty member, department of midwifery, Islamic Azad University, Tuyserkan Branch, Tuyserkan, Iran.

۲۰۲۰-**peresent**: Assistant professor, Faculty member, Department of Midwifery, faculty of Nursing & Midwifery, Kermanshah University of Medical Science, Kermanshah, Iran.

Professional Membership

۲۰۱۳-۲۰۱۴: Head of Midwifery Department, Islamic Azad University, Tuyserkan Branch, Tuyserkan, Iran.

۲۰۱۷-۲۰۲۰: EDO member in charge of lesson plan and logbook committee, Islamic Azad University, Tuyserkan Branch, Tuyserkan, Iran.

۲۰۲۱ until ۲۰۲۴: Head of EDU of Mo'tazedi Hospital, Kermanshah University of Medical Science.

۲۰۲۱ until ۲۰۲۴: Head of Midwifery and Reproductive Health Department of Mo'tazedi Hospital, Kermanshah University of Medical Science.

۲۰۲۱ until now: Member of the Accreditation Working Group of the Faculty of Midwifery.

- Member of Research Council in Kermanshah University of Medical Sciences
- Member of EDO of faculty of nursing & midwifery, Kermanshah university of medical sciences
- Member of the Internal Evaluation Committee of the faculty of Midwifery, Kermanshah university of medical sciences
- Member of Iranian Scientific Midwifery Association
- Member of Medical Council of the Islamic Republic of Iran: M۲۶۵۱۶
- Scientific board member of the Second National Congress on Women and Family Health, ۲۰۲۰, Tehran
- Scientific board member of the Third National and First International Congress on Women and Family Health, ۲۰۲۱, Tehran
- Scientific board member of the First International Congress on Ethics in Midwifery and Reproductive Health, ۲۰۲۲
- Running my own midwifery office from ۲۰۰۹-۲۰۱۴

Faculty Teaching Experiences:

- Population and Family Planning;
- Principles of Mother and Child Nutrition;
- History, Ethics and Regulations of Midwifery and Forensics;
- Maternal and Neonatal Health Nursing I&II,
- Nutrition and Nutrition Therapy in Nursing;
- Maternal and Child Nutrition Therapy;
- Pregnancy and Childbirth (Obstetrics) I&II,
- Psychiatry in Midwifery;
- Sexual Disorders;
- Health V (Quality Improvement Management);
- Physiopathology and Internal Surgical Diseases I&۲&۳;
- Maternal and Child Health;
- Applied tests in midwifery

- Principles of management and its application in midwifery
- Principles of Midwifery Techniques and Working Methods in the Operating Room;
- Forensic Medicine in Midwifery;
- Biostatistics and Research Methods;
- Reproductive, Maternal and Child Health Internship;
- Gynecology Internship;
- Pregnancy and Childbirth Internship;
- Workshop Instructor (Breastfeeding, Physiologic Childbirth, Episiotomy, Accreditation, Forensic Medicine in Midwifery, Research Methodology, Accreditation, Midwifery emergencies)

Articles Published in Persian and English

۱. **Golezar S**, Keshavarz Z, Tehrani FR, Ebadi A. An exploration of factors affecting the quality of life of women with primary ovarian insufficiency: a qualitative study. BMC women's health. ۲۰۲۰ Dec;۲۰(۱):۱-۹.
۲. Keshavarz Z, **Golezar S**. HP-۰-۰ The Silent Grief: Consequences of Premature Ovarian Insufficiency (POI) on Women's Sexual Health. The Journal of Sexual Medicine. ۲۰۲۰ Jun ۱;۱۷(۶):۱۶۴.
۳. Hajifoghaha M, Nahidi F, Alizadeh S, **Golezar S**, Dabiri F, Mokhlesi SS, Babaei A. Midwives' Educational Needs in Iran: A Narrative Review. Iranian journal of nursing and midwifery research. ۲۰۲۰ Jan;۲۰(۱):۱.
۴. **Golezar S**, Ramezani Tf, Ebadi A, Keshavarz Z, Zayeri F. Coping with primary ovarian insufficiency in iranian women: a qualitative study. Journal of isfahan medical school. ۲۰۱۹; ۳۷ (۰۲۹):۶۰۸-۶۱۶.
۵. Hajifoghaha M, Nahidi F, Alizadeh S, **Golezar S**, Dabiri F, Mokhlesi SS. Professional Needs of Prenatal Care Providers: A Narrative Review. Journal of Nursing Education. ۲۰۱۹ Jul ۱۰;۱۸(۲):۲۸-۳۶.
۶. **Golezar S**, Ramezani Tehrani F, Khazaei S, Ebadi A, Keshavarz Z. The global prevalence of primary ovarian insufficiency and early menopause: a meta-analysis. Climacteric. ۲۰۱۹ Jul ۴;۲۲(۴):۴۰۳-۱۱.
۷. Keshavarz Z, **Golezar S**, Hajifoghaha M, Alizadeh S. The effect of phytoestrogens on menopause symptoms: A systematic review. J Isfahan Med Sch. ۲۰۱۸; ۳۶ (۴۷۷): ۴۴۶-۵۹.
۸. **Golezar S**, Keshavarz Z, Ebadi A. Validity and reliability of the Persian version of Woman Abuse Screening Tool (WAST). Payesh (Health Monitor). ۲۰۱۸ Jun ۱۵;۱۷(۳):۲۶۷-۷۴.
۹. Simbar M, **Golezar S**, Alizadeh S, Hajifoghaha M. Suicide risk factors in adolescents worldwide: A narrative review. Journal of Rafsanjan University of Medical Sciences. ۲۰۱۸;۱۶(۱۲):۱۱۵۳-۶۸.
۱۰. Simbar M, Alizadeh S, Hajifoghaha M, **Golezar S**. Review of Iranian adolescents' educational needs for sexual and reproductive health. Journal of Isfahan Medical School. ۲۰۱۷; ۳۴ (۴۱۲): ۱۵۶۳-۱۵۷۲.
۱۱. **Golezar S**, Marashi SM. Domestic Violence during Pregnancy, Its Prevalence, Contributing Risk Factors and Consequences: A Review Article. SAS Journal of Medicine. ۲۰۱۶
۱۲. **Golezar S**. Ananas comosus effect on perineal pain and wound healing after episiotomy: a randomized double-blind placebo-controlled clinical trial. Iranian Red Crescent Medical Journal. ۲۰۱۶ Mar;۱۸(۳).

۱۳. Haji Foghaha M, **Golezar S**, Alizadeh S. Female genital mutilation: religious coercion or cultural requirement? The Iranian Journal of Obstetrics, Gynecology and Infertility. ۲۰۱۶; ۱۹(۲۵): ۸-۱۶.
۱۴. Hadadain F, **Golezar S**, Bab S, Babapour H. The assessment of relation between the staff participation level and medical emergency performance in Kermanshah's educational hospitals (۲۰۱۰). Journal of Clinical Research in Paramedical Sciences. ۲۰۱۴ Mar ۲۰; ۲(۴).
۱۵. **Golezar S**, Hadadian F, Farhadian M, Khazaee S. Assessing knowledge and attitude of emergency contraception among female freshman students in Islamic Azad University of Toyserkan.
۱۶. **Golezar S**, Abbaspour Z, Namjuyan F. Evaluating the effect of oral bromelain (Pineapple) on pain after episiotomy in primiparus women. The Iranian Journal of Obstetrics, Gynecology and Infertility. ۲۰۱۱; ۱۴(۶): ۵۴-۶۱.
۱۷. **Golezar S**, Namjouian F, Latifi SM, Mirahi A. Evaluating the effect of oral bromelain (pineapple) on episiotomy wound healing in primiparus women. FEYZ Journal. ۲۰۱۱ Jun ۱۰; ۱۵(۲): ۸۴-۹۰.
۱۸. Keshavarz Z, Karimi E, **Golezar S**, Ozgoli G, Nasiri M. The effect of PLISSIT based counseling model on sexual function, quality of life, and sexual distress in women surviving breast cancer: a single-group pretest–posttest trial. BMC women's health. ۲۰۲۱ Dec; ۲۱(۱): ۱-۸.
۱۹. Qaderi K, Golezar MH, Mardani A, Mallah MA, Moradi B, Kavoussi H, Shamsabadi A, **Golezar S**. Cutaneous adverse reactions of COVID- ۱۹ vaccines: A systematic review. Dermatologic therapy. ۲۰۲۲ Feb ۲۲; e۱۵۳۹۱.
۲۰. Moradi B, Golezar MH, Saleh Gargari S, Kazemi MA, **Golezar S**, Taheri MS, Tahmasebpour AR. Ultrasound and magnetic resonance imaging features of fetal intracranial cystic lesions: A pictorial essay. Journal of Clinical Ultrasound. ۲۰۲۲ Jun ۲۴.
۲۱. **Golezar S**, Keshavarz Z, Tehrani FR, Ebadi A, Zayeri F, Golezar MH. Primary Ovarian Insufficiency Quality of Life Scale (POIQOLS): Development and Psychometric Properties.
۲۲. Zahra Javanbakht, Mohammad Hossein Golezar, Shahrzad Arjmandi, Samira **Golezar**. Fatal hydatid cyst in a pregnant woman. Journal of Clinical Images and Medical Case Reports. ۲۰۲۲; ۳(۱۲): ۲۲۱۵.
۲۳. Ashabi B, Salari N, Mahmoudi E, **Golezar S**. The Relationship Between Mindfulness and Sleep Quality of Postmenopausal Women. CPR ۲۰۲۳; ۱ (۴) : ۴۷۴-۴۸۹

Approved Projects & Proposals

۱. The Effect of Oral Bromelain (Pineapple) on Pain Intensity and Episiotomy Wound Healing in Nulliparous Women
۲. Comparison of The Effect of Two Educational Methods of Film and PowerPoint on the Knowledge and Attitude of Female Students about Unwanted Pregnancies and Emergency Methods of Contraception
۳. Investigating the Risk Factors of Adolescent Suicide
۴. Psychometrics and Validation of the Persian Version of Translation Witness Abuse Screening Tool (WAST)
۵. The Effect of Phytoestrogens on Menopausal Symptoms: A Review Study
۶. Systematic review of educational needs of pregnancy care providers

۷. Factors related to quality of life in women with premature ovarian failure
۸. Evaluation of marital health status of pregnant women in Rasht
۹. The effect of primary ovarian insufficiency on sexual function in women: A systematic review and meta-analysis
۱۰. Assessing the validity and reliability of the Wijima Waiting Expectation / Experience Questionnaire version A)) in Iraqi Kurdish women
۱۱. Investigating the relationship between mindfulness and sleep quality in postmenopausal women
 ۱۲. Evaluating the Effective of Mindfulness-Based Counseling on Nausea and Vomiting in Primary Pregnant Women (a randomized controlled clinical trial study)
 ۱۳. Investigating the effective factors on the fear of childbirth of the wives of primiparous women and its effect on the choice of the type of delivery in selected hospitals of Kermanshah
 ۱۴. Investigating the state of sleep quality of postmenopausal women
 ۱۵. Investigating the effect of virtual cognitive behavioral counseling on the attitude towards childbearing in women with multiple sclerosis

Books (Edition)

۱. Principles of Mother and Child Nutrition, Sepehr Danesh
۲. Pregnancy Knowledge, Sepehr Danesh
۳. Semiotics and Clinical Examinations for Midwifery Students, Heidari Publication
۴. Pregnancy and Childbirth II, Jamee Negar

Field(s) Research Interest

۱. Reproductive Health
۲. Midwifery
۳. Women Health
۴. Complementary Medicine

Conference presentations

۱. The Effect of Acupuncture by Dermal Electrical Stimulation of Acupuncture Points (TTEAS) on the Severity of Fatigue in Patients Undergoing Chronic Hemodialysis, ۱۰th Research Congress of Iranian Medical Students (oral presentation)
۲. The Effect of Pineapple on Pain Intensity and Episiotomy Wound Healing in Nulliparous Women, International Congress on Reproductive Health and Family Planning (poster presentation)
۳. A study of Knowledge and Attitude about Emergency Methods of Contraception in Female Students, Twelfth International Congress of Obstetrics and Gynecology of Iran (poster presentation)
۴. Maternal Hemoglobin Concentration and Pregnancy Outcomes, Twelfth International Congress of Obstetrics and Gynecology of Iran (poster presentation)
۵. Domestic Violence During Pregnancy, Its Prevalence, Contributing Factors, and Consequences: A Review, International Congress on Clinical Challenges in Midwifery, Women, and Infertility (poster presentation)
۶. Dyadic Sexual Communication Scale: Psychometric Properties and Translation of the Persian Version, ۲nd International Congress on Clinical Challenges in Midwifery, Women, and Infertility (poster presentation)
۷. Psychometric Properties of the Persian Version of the Witness Abuse Screening Tool (WAST) ۱۴th International Congress of Obstetrics and Gynecology of Iran (oral presentation)
۸. The role of nutrition in male infertility ۳rd Men's Health Congress (poster presentation)

۹. Coping Strategies for Primary Ovarian Failure in Iranian Women, Second National Congress On Women and Family Health (poster presentation)
۱۰. The Silent Grief: Consequences of Premature Ovarian Insufficiency On Women's Sexual Health, The ۲۲nd Congress of the European Society for Sexual Medicine (ESSM۲۰۲۰) (poster presentation)
۱۱. Global Prevalence of Primary Ovarian Failure: A Systematic Review and Meta-Analysis, Third National Congress and First International Congress on Women and Family Health (oral presentation)
۱۲. Using the approach of Islamic culture as a strategy of childbearing in Iran, Fifth International Conference on the Prophet's Life in Medicine (poster presentation)

Editorial Responsibilities

- Reviewer of Malaysian Journal of Medical Sciences
- Reviewer of Arvand Journal of Health and Medical Sciences
- Reviewer of International Journal of Community Based Nursing & Midwifery
- Reviewer of Second National and first international Congress on Women and Family Health, Tehran, Iran
- Reviewer of BMC Women's Health
- Reviewer of BMC Reproductive Health
- Reviewer of Journal of Clinical Research in Paramedical Sciences

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