

Mastaneh Kamravamanesh

Date: 2026-7-1

Personal Information: (optional)

Sex: Female

Place of Birth: Kermanshah, Iran

Citizenship:

Iran

Address and Telephone Numbers:

Office: Department of Reproductive Health, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran.

Office Phone: 0833-8162559

Present Position:

Assistant professor, Department of Reproductive Health, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran

Head of Department of Reproductive Health, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran (2022 - present)

Education:

Ph.D. Reproductive Health, Department of Midwifery & Reproductive Health, Faculty of Nursing & Midwifery, Esfahan University of Medical Sciences, Esfahan, Iran (2019)

Thesis: Design of Interventional Program for Postpartum Care in Women with Preeclampsia History: A Mixed Methods Study

M.Sc. Midwifery, Department of Midwifery, Faculty of Nursing & Midwifery, Tehran University of Medical Sciences, Tehran, Iran. (2003)

Thesis: Effect of education on the knowledge and applying folic acid supplement in women at reproductive ages

B.Sc. Midwifery, Department of Midwifery, Faculty of Nursing & Midwifery, Shiraz University of Medical Sciences, Shiraz, Iran

Academic Positions/ Employment:

2008- 2019 - Lecturer and Instructor and Faculty member, Department of Midwifery, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran

2019-present: Assistant professor, Department of Reproductive Health, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran

Honors and Awards:

- Elected as the top midwifery student, awarded by the dean of Faculty of Nursing & Midwifery, Shiraz University of Medical Sciences, Shiraz, Iran
- Elected as the best midwife in Kermanshah province in 2010 and 2013, awarded by the dean of Kermanshah University of Medical Sciences.
- Elected as the top midwife in Iran in 2013, awarded by the minister of Health and Medical education of Iran
- Received certificate of appreciation in 2006, 2007, 2009, 2014 from the dean of Nursing & Midwifery Faculty, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Received certificate of appreciation in 2004 from the dean of Kermanshah University of Medical Sciences, Kermanshah, Iran
- Received certificate of appreciation in 2004 from vice of treatment of Kermanshah University of Medical Sciences, Kermanshah, Iran
- Elected as the best teacher in Faculty of Nursing & Midwifery in 2020, awarded by the dean of Kermanshah University of Medical Sciences

Editorial Responsibilities:

- Peer reviewer of Behbood journal, Kermanshah university of Medical Sciences (journal).
- Peer reviewer of the scientific and Research quarterly, Kermanshah Faculty of Nursing, Midwifery and Paramedical Sciences
- Peer reviewer of Clinical Research in Paramedical Sciences (journal).

Professional Societies and Organizations:

- Member of Iranian Association of Midwifery
- Member of Medical council IR. IRAN, M.C.

Research Activities:

- Prevalence of unwanted pregnancy and its effective factors in refereed pregnant women to affiliated health centers with Kermanshah University of Medical Sciences **(Research Assistant)**
- Study of knowledge, attitude and practice of nursing & midwifery personals in Kermanshah University of Medical Sciences hospitals about breast cancer screening 2003 **(Research Assistant)**
- Study of knowledge and attitude towards methods of delivery in refereed pregnant women to health centers of Kermanshah in 2006 **(Research Director)**
- Study of intra uterine fetal death epidemiology in deliveries in hospitals of Kermanshah during the years of 2006-2007 **(Research Assistant)**
- Frequency of nasal carriers of staphylococcus Aureus in nursing staff of Imam Reza hospital in Kermanshah 2007 **(Research Assistant)**
- Midwives knowledge about their legal duties in Kermanshah city 2010 **(Research Assistant)**
- Postpartum quality of life in women after deferent modes of delivery in Kermanshah Motazedi hospital 2011-2012 **(Research Director)**
- A study on midwifery students' knowledge and attitude toward to physiologic delivery in nursing and midwifery school Kermanshah 2012, 2013 **(Research Director)**
- Design and implementation of a postpartum cares interventional program for women with preeclampsia: A Mixed Methods **(Research Director)**
- Systematic Review and Meta-analysis of Aromatherapy treatments on symptoms of premenstrual syndrome **(Research Director)**
- The effect of distance self-compassion education on depression in pregnant women **(Research Director)**
- Comparative study of the effect of virtual and telephone self-care training methods based on health belief model on quality of life of primigravid women with preeclampsia in the postpartum period **(Research Director)**
- A study of reproductive health status and motivation for prostitution in sex workers referred to the health care system of Kermanshah in 2021**(Research Director)**
- The role of compassion in the relationship between maternal attachment to infant and breastfeeding self-efficacy in Kermanshah in 2021**(Research Director)**

- A comparative study on the effectiveness of two mindfulness-based education methods of virtual and pamphlet presentation on regulating emotion and anxiety in pregnant women during COVID-19 pandemic **(Research Director)**
- A comparative study of pregnancy outcomes before and after the Covid-19 epidemic **(Research Director)**
- The effect of health promotion behaviors training on menopausal symptoms in postmenopausal women referring to comprehensive health service centers in Kermanshah in 2021**(Research Director)**
- The Effect of Religious-Spiritual Education and Care on Iranian Women's Quality of Life: A Systematic Review and Meta-analysis **(Research Director)**
- A comparative study of pregnancy outcomes and success rates in fresh and frozen embryo transfer cycles **(Research Assistant)**
- Evaluation of the success rate of in vitro fertilization (ICSI) in the cycles of using frozen sperm in infertile couples referred to Motazedi Infertility Treatment Center, and University Jihad during the years 2017-2021**(Research Assistant)**
- Investigating the relationship between self-compassion and depression in pregnant wome **(Research Director)**
- Investigating the relationship between self-compassion and marital satisfaction of pregnant women with depression **(Research Director)**
- Evaluation of growth parameters (weight, height and head circumference) in neonates born by in vitro fertilization method in Motazedi and Jihad University infertility treatment centers during 2021-2022 **(Research Assistant)**
- Evaluation of the success rate of ectopic fertilization (ICSI) based on sperm parameters in infertile couples referred to Motazedi Infertility Treatment Center, and University Jihad during 2017-2021 **(Research Assistant)**
- Interpersonal communication of nurses in intensive care units: Systematic review **(Research Assistant)**
- Investigating the prevalence of fear of childbirth and its relationship with the attitude of child bearing among women of reproductive age in Kermanshah city in 2023**(Research Director)**
- Effectiveness of the group transdiagnostic intervention on depression, anxiety and stress postpartum in women with preeclampsia **(Research Director)**
- Investigating the status of preserving maternal dignity and the prevalence of abuse and disrespect during childbirth and its relationship with childbirth experience in Khorramabad hospitals in 2023-202**(Research Director)**

- Investigating the relationship between the perception of pre-eclampsia and its consequences with the health-promoting lifestyle in the postpartum period in women with a history of pre-eclampsia **(Research Director)**
- Investigating the relationship between communication skills and fertility desire in couples referring to comprehensive health service centers in Kermanshah in 2023-2024**(Research Director)**
- Study of attitudes towards childbearing in women with high-risk fetal health screening results in previous pregnancies who referred to the genetic diagnosis laboratory of Kermanshah Central Laboratory in 2023**(Research Director)**
- Investigating the level of adherence to professional ethics codes in midwifery and its relationship with communication skills in midwifery students of Kermanshah University of Medical Sciences in 2023**(Research Director)**
- Respectful maternal care for pregnant women **(Research Assistant)**
- Investigating the effectiveness of teaching compassion skills on mother-child attachment and parenting style in mothers with children aged 3-5 years **(Research Director)**
- Exploring the experiences of mothers with a history of preeclampsia in the postpartum period **(Research Director)**
- Investigating the relationship between health literacy and quality of life of women with polycystic ovary syndrome (PCOS) **(Research Director)**
- The effectiveness of mindfulness-based stress reduction (MBSR) counseling on maternal-fetal attachment in women with fear of childbirth **(Research Director)**
- Investigating the effect of group counseling based on the content of childbearing education on childbearing motives and fertility preferences of One-child women **(Research Director)**
- Determinants of reproductive preferences and childbearing motivations of women and men around the world: A systematic review **(Research Director)**
- Association Between Maternal-Fetal Attachment and Fear of Childbirth Around the World: A Systematic Review **(Research Director)**
- Investigating the effectiveness of cognitive restructuring based on therapeutic metaphor on fear of childbirth in primiparous women **(Research Director)**

Clinical Title and Responsibilities:

- Head of Department of Reproductive Health, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran (2022 - present)
- Head of Department of Midwifery, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran (2012-2014)
- Associate Dean of Research, Faculty of Nursing & Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran (2009-2011)
- Scientific secretary and participation in holding of 18 continuing education program for Nursing-Midwifery personnel in Kermanshah University of Medical Sciences, Kermanshah, Iran
- Lecture in 18 continuing education program for nursing-Midwifery personnel in Kermanshah University of Medical Sciences, Kermanshah, Iran

Teaching Title and Responsibilities:

- Teaching "*obstetric*", 1,2,3,4 for Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Gynecology*" for Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Child Maternal Health*" for Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Ethics and Regulation in Midwifery*" for Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Child Maternal Health Nursing*" for Nursing students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Neonato- Maternal Health*" for General Health students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Family planning*" for pharmacy students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Family planning*" for paramedical students such as Radiology, Nuclear Medicine, Anesthesiology and operating room, Faculty of paramedical, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Family planning*" for General Health, Environmental Health students, Faculty of Health, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Counseling in pregnancy and postpartum*" for Master of Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Training as a clinical education and apprenticeship in wards and clinics of "*labor, delivery, obstetrics emergency, neonatal, Gynecology surgery*, management in Midwifery, Child & Maternal Health, Gynecology for Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching "*Communication Skills*" for Master of Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran

- Teaching " Midwifery counseling on specific problems of the reproductive period " for Master of Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran
- Teaching " Menopause and counseling before and after menopause" for Master of Midwifery students, Kermanshah University of Medical Sciences, Kermanshah, Iran

Publications:

- Mirmohammadali M, Moddares M, Babaei Gh, **Kamravamanesh M**. Effect of education on the knowledge and applying folic acid supplement in women at reproductive ages Hayat the Journal of Faculty of Nursing & Midwifery Tehran University of Medical Science, Tehran Iran, 10th years, No21, 2004
- **Kamravamanesh M**, Bakhteh A. Survey of recording practice of occupational midwifery personals in medical sciences hospital connected to University of Kermanshah in 2004. The scientific and Research quarterly, Kermanshah Faculty of Nursing & Midwifery and paramedical sciences, vol 4, No 6, pp: 6-13, 2007
- Behmanesh SH., Iranfar SH., **Kamravamanesh M.**, Rezaei M. Related factors about selection of delivery methods in pregnant mothers. J. Behbood, Kermanshah University of Medical Sciences, vol 13, No 1, pp: 101-102, 2009
- Zangeneh M., Shams Alizadeh N., **Kamravamanesh M.**, Rezai M., Pormehr S. Postpartum depression and its relation to baby gender and unplanned pregnancy. Scientific Journal of Kurdistan University of medical sciences, vol 14, No 2, 71-65, 2009
- Safdari Z., **Kamravamanesh M**. The Need of Training for Consumption of Supplementary Folic Acid in Pregnant Women. Australian Journal of Basic and Applied Sciences, 2(4): 1381-1385, 2008
- Heydarpur S., **Kamravamanesh M.**, Rezaei M. The comparison of efficacy of simulation - based training and traditional training on skill level of midwifery students in pregnancy and delivery unit apprenticeship. The scientific and Research quarterly, Kermanshah Faculty of paramedical sciences, vol 1, No 2, pp: 44-46, 2010
- Kermany A., Kaboodi M., **Kamravamanesh M**. Study of entrance reasons to Nursing and Midwifery major in Kermanshah Faculty of Nursing and Midwifery, The scientific and Research quarterly, Kermanshah Faculty of Nursing-Midwifery and paramedical sciences, vol 1, No 2, pp:56- 58, 2010
- Rezavand N, **Kamravamanesh M.**, Vaisi F., Zangeneh M., Basiri S., Rezaei M. A Survey on Subsequent Pregnancy Outcome after Molar Pregnancy. Iranian Journal of obstetric Gynecology and infertility, 2013, Vol 16, No 54, pp:1-6

- Rezavand N., **Kamravamanesh M.**, Safdari Z., Ghodsi F. Study on hydatiform mole frequency and some of its relevant factors. *Int. J Acad Res* 3(2):834-840, 2011
- Kermany A., Kaboudi M., Kaboudi B, **Kamravamanesh M.** Midwives knowledge about their legal duties in Kermanshah city. *Journal of clinical research in paramedical Sciences*, quarterly Journal of Kermanshah paramedical faculty Kermanshah University of Medical Sciences. Vol 1, No 1, 2012
- Safdari Z; Rezaie Sepasi R, **Kamravamanesh M**; Bakhteh A. The satisfaction of midwifery and employment incentives among the graduates of midwifery in Qazvin University of Medical Sciences, *Journal of Kermanshah University of Medical Sciences*, Vol 16, No 3, 2012
- Zangeneh M., **Kamravamanesh M.**, Vaisi F., Rezavand N., Rezaei M. The study of Changes of menstrual cycle after tubal Sterilization. *Journal of clinical research in paramedical Sciences (JCRPS)*, quarterly Journal of Kermanshah paramedical faculty Kermanshah University of Medical Sciences, Vol 2, No 1, 2013
- **Kamravamanesh M**, Bakhteh A, Rezaei M. Postpartum quality of life in women after deferent modes of delivery in Kermanshah Motazedi hospital 2011-2012, *Journal of clinical Research in Paramedical Sciences*, Vol 3, No 3, pp:135-141, 2014
- Rezavand N., **Kamravamanesh M.**, Zangeneh M., Vaisi F., Rezaei M., Hayati A., Bakhtiari M. Relationship between interpregnancy interval and neonate-Maternal outcomes. *World Journal of Pharmaceutical and Life Sciences (WJPLS)*, Vol. 1, Issue 3, 2015
- Zangeneh M., **Kamravamanesh M.**, Vaisi F., Rezavand N., Ebrahimi B., Almasi A., Bakhtiari Mitra. Rrelationship between glucose challenge test and early and mid-pregnancy body mass index. *World Journal of Pharmaceutical and Life Sciences (WJPLS)*, Vol. 1, Issue 3, 2015
- Behmanesh S., **Kamravamanesh M.**, Rezaei M., Esfandnia A., A study on midwifery students' knowledge and attitude towards physiologic delivery in nursing and midwifery school, Kermanshah, 2012, 2013. *European Journal of Biomedical and Pharmaceutical Sciences*, ejbps, Volume 3, Issue 2, 58-64, 2016
- Rezavand N., Seyedzadeh M.S., Jalilian N., Parsajam T., Hematii M., **Kamravamanesh M.**, Rezaei M. Study of the relationship between mode of delivery and preeclampsia and preterm labor in pregnant women in the second delivery. *Acta Medica Mediterranea*, 2016,32:1981
- **Kamravamanesh M**, Kohan S, Rezavand N, Farajzadegan Z. A comprehensive postpartum follow-up health care program for women with history of preeclampsia: protocol for mixed methods research. *Reproductive health*. 2018;15(1):1
- Rezavand, N., **Kamravamanesh, M.**, Eyvazi, M., Manouchehri, J., Hemati, M., Feali, R., Rezaei, M. The relationship between periodontal diseases and the risk of

preeclampsia in pregnant women. The Iranian Journal of Obstetrics, Gynecology and Infertility, 2021; 24(4): 16-24. doi: 10.22038/ijogi.2021.18428

- Kolivand, M., Dehghan, F., **Kamravamanesh, M.**, Kazeminia, M. The Effect of Aromatherapy on Premenstrual Syndrome Symptoms: A Systematic Review. The Iranian Journal of Obstetrics, Gynecology and Infertility, 2021; 24(7): 37-49. doi: 10.22038/ijogi.2021.18984
- Rezavand, N., **Kamravamanesh, M.**, Abasi, N., Hemati, M., Feali, R., Rezaei, M. Serum levels of lead in pregnant women with term and preterm deliveries. The Iranian Journal of Obstetrics, Gynecology and Infertility, 2022; 24(12): 8-15. doi: 10.22038/ijogi.2022.19742
- Rezavand, N., **Kamravamanesh, M.**, Pouraghajan, N., Hemati, M., Feali, R., Rezaei, M. Clinical characteristics and complications of pregnancy in couples who are candidates for egg donation, referring to Motazedi Infertility Medical Center and University Jihad Center of Kermanshah, 2015-2020. The Iranian Journal of Obstetrics, Gynecology and Infertility, 2023; 26(3): 1-8. doi: 10.22038/ijogi.2023.22594
- Javanbakht, Z., **Kamravamanesh, M.**, Rasulehvandi, R. et al. Global Prevalence of Cervical Dysplasia: A Systematic Review and Meta- Analysis. Indian J Gynecol Oncolog, 2023,21, 62. <https://doi.org/10.1007/s40944-02>
- **Kamravamanesh M**, Ashabi B, Jabarqadri N, Salari N, Mahmoudi E. The Relationship Between Self-compassion and Depression in Pregnant Women (Persian). Current Psychosomatic Research. 2023; 1(4):462-473. <https://doi.org/10.32598/cpr.1.4.144.1>
- Bakhteh A, Jaberghaderi N, **Kamravamanesh M**, Kolivand M, Rezaei M, Motaghi Z. Qualitative exploration of the needs of pregnant women to manage the fear of childbirth. Iran J Nurs Midwifery Res 2023; 28:690-8.
- Rezavand, N., Darvishi, S., Hematti, M., Rezaei, M., Nemati, H., Seyedzadeh, S. M. S., Kamravamanesh, A., Seyedzadeh, S. S., Kamravamanesh, M. Association between Thyroid Hormones and the Risk Level of Screening Tests in the First Trimester of Pregnancy in Hypothyroid Women. Women's Health Bulletin, 2024; 11(1): 57-63. doi: 10.30476/whb.2024.100645.1258
- Rezavand N, **Kamravamanesh M**, Jamalpour Z, Hematti M, Ashabi B, Rezae M. The growth parameters in neonates born by in vitro fertilization method in Motazedi and Jihad University Infertility Treatment Centers in Kermanshah during 2021-2022. IJOGI. 2024;27(2):10-16 (In Persian). doi: 10.22038/ijogi.2024.74565.5835
- Ashabi B., Kazeminia M., Nazari M., Oshnookhah M., Mahmoudi E., Mahvar T., Javanbakht Z., **Kamravamanesh M.** The Effect of Religious–Spiritual Education and Care on the Quality of Life of Iranian Women: A Systematic Review and Meta-Analysis. J Relig Health, 2024, 63, 2291–2313 ,doi.org/10.1007/s10943-024-02002-x

- Rezavand N, Ghadery S, Hematti M, Ashabi B, Rezaei M, **Kamravamanesh M**. Comparative study of pregnancy outcomes and success rates in fresh and frozen embryo transfer cycles. *IJOGL*. 2024;27(9):1-9 (In Persian). doi: 10.22038/ijogi.2024.79412.6073
- Rezavand N.,Yousefi P., Mansour Rezaei M., Hematti M., Kamravamanesh A., Seyedzadeh M, Aghaee K., Seyedzadeh S., **Kamravamanesh M**. A Comparative Analysis of Ovarian Reserve Rates Before and After Ectopic Pregnancy Treatment: A Cross-Sectional Analytical Study,*J Kermanshah Univ Med Sci*. 2025 March; 29(1): e156619,
- Ashabi B., Salari N., Jaber Ghaderi N. **Kamravamanesh M**. The Effect of Self-Compassion Distant Education on Depression in Pregnant Women: A Randomized Clinical Trial. *Health Science Reports*, 2025; 8: e70856, doi.org/10.1002/hsr2.70856
- Rahnejat N, Rezavand N, Salari N, **Kamravamenesh M**. Comparative Study of Pregnancy Outcomes Before and During the COVID-19 Pandemic. *J Clin Res Paramed Sci*. 2025; 14 (2): e163375. <https://doi.org/10.5812/jcrps-163375>.
- Kohan S, Faghihi S., Farajzadegan Z., Rezavand N., **Kamravamanesh M**. Exploring the Long-Term Emotional Trauma Experiences of Mothers with a History of Preeclampsia: A Qualitative Study *Health science reports*,2026, 9(2): e71733
- Hatami Asl Z. Jaberghaderi N., Rezaei M., Rezavand N., **Kamravamanesh M**., Investigating the Effect of Transdiagnostic Group Intervention on Depression, Anxiety, and Postpartum Stress in Women with Preeclampsia: A Quasi-Experimental Study, *Health Science Reports*, 2026; 9: e72608 608 doi.org/10.1002/hsr2.72608
- **Kamravamanesh M**, Hossiani Shoar Z, Rezaei M, Rezavand N, Ashtarian H. A comparative study of the effect of virtual and telephone self-care training based on the health belief model on the quality of life of primiparous women with preeclampsia in the postpartum period. *J Edu Health Promot* 2026; 15:239.
- Jahanbakhsh S, Bakhteh A, Rezaeian S, **Kamravamanesh M**. Fear of childbirth and its relationship with the attitude toward child bearing: A descriptive-analytical study. *J Edu Health Promot* ,2026